

## Job Posting

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### **Personal Trainer** **YMCA of Eastern Ontario** **Kingston Branch**

Are you a certified Personal Trainer? Do you have a proven track record of building relationships and are passionate about helping people make exercise a part of their lifestyle? Is making a difference in our community important to you? If so, come and join our team!

**Employment Category:** Part-time, permanent

**Hours:** Flexible work schedule, including early mornings, weekends and evenings

**Compensation:** \$17.60 per hour for scheduled floor shifts; \$30.00 per hour for Personal Training as assigned.

**Benefits and Perks:** We offer an array of total rewards to recognize loyalty, longevity, and passion for the work we do:

- Free YMCA Health & Fitness Membership
- Professional development opportunities
- Employee and Family Assistance Program (EFAP)

**Closing Date:** Immediately

#### **Our Mission:**

The YMCA in Canada is dedicated to the growth of all persons in spirit, mind and body, and to their sense of responsibility to each other and to the global community.

#### **Our Vision:**

Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviours, attitudes, and actions.

#### **Nature & Scope:**

Reporting to the Supervisor, Fitness, the Personal Trainer will provide a welcome and inclusive atmosphere for members. The Personal trainer will lead, instruct and motivate members.

**Responsibilities:**

- Ensuring a safe environment for members and guests by routinely checking any equipment and keeping areas clean and well maintained
- Providing and tracking fitness orientations
- Providing safe instruction and personal training for members working within the scope of practice
- Encouraging consistent fitness centre etiquette among members

**Qualifications:**

- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to date of hire, with results acceptable to the YMCA of Eastern Ontario
- Current Standard First Aid and CPR level "C"
- Current Personal Trainer Certification

**Competencies:**

- Interpersonal skills
- Initiative
- Safety
- Teamwork

**All interested candidates should submit a cover letter and resume to [careers@eo.ymca.ca](mailto:careers@eo.ymca.ca).**

YMCA of Eastern Ontario  
100 Wright Crescent  
Kingston, ON K7L 4T9

*We appreciate your interest in a career opportunity with the YMCA of Eastern Ontario. Please note that only those selected for an interview will be contacted. Candidates invited for an interview will be required to submit three (3) professional references.*

*The YMCA of Eastern Ontario is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. The YMCA of Eastern Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association.*

***This position has been posted internally and externally***